



## WHAT IS WORSHIP AND HOW DOES IT BRING JOY?

Worship is an honor paid to God due to the nature of His sacredness, but did you know that God created worship for much more than just having us praise Him? The act of worship was intricately and thoughtfully designed and when we worship Jesus, there is a tangible joy and an unconditional love available to us--- *always*. The joy found in worship is supernatural and if we grab ahold of such a treasure, it consistently fills our mind, body, and spirit in a way that is indescribable.

Worship is a valuable treasure to God that we may never fully understand, but we can always know that it will bring continuous joy to His heart, let us feel His power and love, and bring peace and JOY to us even when it feels like there is none.

## THEN HOW SHOULD WE WORSHIP GOD?

Worship can be done in joyous abandon, yet at other times in quiet reverence to the King, so whether you sing, dance, or just sit quietly--- *Jesus loves when you praise Him!*

The angels rejoice at the sound of your voice and God appreciates a heart posture of praise whether it is (loud) or (quiet). There are many ways to worship Jesus! Don't be afraid to ask the Holy Spirit questions like--- *How do you want me to spend my worship time with you today?*





# Bible Talk

## WHAT DOES GOD'S WORD SAY ABOUT WORSHIP?

"Let everything that has breath praise the Lord. Praise the Lord!"

-*Psalm 150:6 (ESV)*

"Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness." - *Psalm 29:2 (NIV)*

"Let us go into His dwelling place; Let us worship at His footstool."

-*Psalm 132:7 (ESV)*

"I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship."

- *Romans 12:1 (ESV)*

### RESEARCH SCRIPTURE

Take some time to go deeper and find more verses on worship. *Write them down.*

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